

Monty's

Warm Welcome Hub

10am to 4pm
1st and 3rd Tuesday
of the month

Montague House, Montague Place, Kemp Town, Brighton, BN2 1JE

Open to anyone disabled or living with a long-term health condition.

Upcoming dates:

18 November 2025
2 December 2025
16 December 2025
6 January 2026
20 January 2026
3 February 2026
17 February 2026
3 March 2026
17 March 2026

Monty's is a friendly, welcoming space where you can relax, chat, or simply enjoy a moment to yourself. There's no pressure to join in — stay as long or as little as you like.

At Monty's, you can:

- Enjoy a hot drink and a biscuit
- Play board games, puzzles, or light activities
- Meet new people or simply take some quiet time

Just check in at Reception and we'll show you down to Monty's. Stay for a few minutes or a few hours. The kettle's always on.

Meet your host – Mick

Mick has been volunteering with Possability People for over 5 years. Known for his warmth, friendly chat, and infectious smile, he's there to make everyone feel at home from the moment they arrive.



Possability
People

Registered Charity No. 1114435 Co No. 05706441
Full registered company name: Possability People Limited
Registered address: Montague House, Montague Place, Brighton, BN2 1JE
Registered in England and Wales

With thanks to **The Morrisons Foundation** for generously funding this project.